



Reimanns Eck

# Allergen and additive information

# Allergen information

Reimanns Eck

The list of allergens refers to the 14 main triggers of allergic food reactions (allergies and intolerances). The allergens that must be labeled are legally defined in the Food Information Regulation (LMIV No. 1169/2011). They are listed if the aforementioned substances or products made from them are present in the final product in either modified or unchanged form. Ingredients containing the 14 main allergens are processed both in the production of our ingredients and in the preparation of our products. Therefore, we cannot completely rule out unintentional and technically unavoidable contamination of products that do not contain this allergen as an ingredient. This so-called cross-contamination is not listed in the table.

## **The following 14 main triggers of allergic food reactions are declared:**

1. Cereals containing gluten: wheat, spelt, rye, barley, oats
2. Crustaceans and products thereof
3. Eggs and products thereof
4. Fish and products thereof
5. Peanuts and products thereof
6. Soybeans and products thereof
7. Milk (including lactose) and products thereof
8. Nuts: almonds, hazelnuts, walnuts, cashew nuts, pecans, Brazil nuts, pistachios, macadamia or Queensland nuts and products thereof
9. Celery and products thereof
10. Mustard and products thereof
11. Sesame seeds and products thereof
12. Sulphur dioxide and sulphites
13. Lupins and products thereof
14. Molluscs and products thereof

All information is subject to change without notice and may vary seasonally. Gastro Trends Hannover GmbH regularly verifies all information.

**Do you have any questions about this?  
Then please contact our staff or send an email to:**

**[info@reimanns-eck.de](mailto:info@reimanns-eck.de)**

# Seasonal menu - Pumpkin season & winter delights

Article	Allergens	additives
Pumpkin cream soup	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains nuts and products thereof</li> <li>contains celery and products thereof</li> </ul>	-
Hanoverian kale with boiled potatoes	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - oats</li> </ul>	-
Hanoverian kale with Bregenwurst & boiled potatoes	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - oats</li> </ul>	with preservatives, with antioxidants
Hanoverian kale with smoked pork and boiled potatoes	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - oats</li> </ul>	with preservatives, with antioxidants
Hanoverian kale with two kinds of vegetables & boiled potatoes	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - oats</li> </ul>	Nitrate, with preservatives, with antioxidants, phosphate
Crispy roasted farm duck	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
Sauerbraten of wild boar	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains celery and products thereof</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
Handmade pumpkin ravioli (vegan)	<ul style="list-style-type: none"> <li>contains nuts and products thereof</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
Fried trout fillet	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains fish and products thereof</li> <li>contains gluten-containing cereals - wheat</li> <li>contains nuts and products thereof - almonds</li> </ul>	Nitrate
Crispy roast goose	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
Homemade plum crumble	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains nuts and products thereof - almonds</li> <li>contains gluten-containing cereals - wheat, oats</li> </ul>	-

Article	Allergens	Additives
Homemade granola	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains gluten-containing cereals - oats</li> <li>contains tree nuts - almonds, cashews</li> </ul>	-
French toast ...powdered sugar & maple syrup	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
French toast ...vanilla ice cream, powdered sugar & plum compote	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
French toast ...Nutella, peanut butter & plum compote	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains nuts and products thereof - peanut, hazelnut</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-

## A hearty start to the day

Article	Allergens	Additives
Sourdough toasted bread from the "Baking Siblings" with herbed scrambled eggs	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat, rye</li> </ul>	-
Sourdough toasted bread from the "Baking Siblings" with avocado & cherry tomato	<ul style="list-style-type: none"> <li>contains gluten-containing cereals - wheat, rye</li> </ul>	-
Sourdough toasted bread from the "Baking Siblings" with avocado, goat's cheese & cherry tomato	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains gluten-containing cereals - wheat, rye</li> </ul>	-
Sourdough toasted bread from the "Baking Siblings" with avocado & house- cured salmon	<ul style="list-style-type: none"> <li>contains fish and products derived from them</li> <li>contains gluten-containing cereals - wheat, rye</li> </ul>	-
Sourdough toasted bread from the "Baking Siblings" with regional ham and fried egg	<ul style="list-style-type: none"> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat, rye</li> </ul>	Nitrate



## Egg dishes

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Article	Allergens	Additives
Vegetarian Lister Miles Breakfast	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains mustard and products thereof</li> <li>contains nuts: almond, cashew</li> <li>contains cereals containing gluten - rye, oats</li> </ul>	with antioxidants
Farmer's breakfast	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains mustard and products thereof</li> <li>contains nuts: almond, cashew</li> <li>contains cereals containing gluten - oats, rye, wheat</li> </ul>	Nitrate
Sylt breakfast	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains mustard and products thereof</li> <li>contains egg and egg products</li> <li>contains fish and products thereof</li> <li>contains nuts: almond, cashew</li> <li>contains cereals containing gluten - rye, oats</li> </ul>	-

## Extras

Article	Allergens	Additives
Scrambled eggs made from 2 natural eggs	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> </ul>	-
Scrambled eggs with herbs	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> </ul>	-
Scrambled eggs with bacon and onions	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> </ul>	Nitrate

Article	Allergens	Additives
Eggs Benedict	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat, rye</li> </ul>	Nitrate
Eggs Salmon & Avocado	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains fish and products thereof</li> <li>contains gluten-containing cereals - wheat, rye</li> </ul>	-
Eggs Avocado	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat, rye</li> </ul>	-

## Table, set yourself

Article	Allergens	Additives
Our table brunch to share	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains mustard and products thereof</li> <li>contains fish and products thereof</li> <li>contains soy and products thereof</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains gluten-containing cereals - wheat, oats, rye</li> </ul>	with preservatives nitrate with antioxidants
Two rolls with butter, Gouda & Brie	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
Two rolls with roast pork, salami & bacon	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains gluten-containing cereals - wheat</li> </ul>	with preservatives nitrate with antioxidants
Two rolls a little of both	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains gluten-containing cereals - wheat</li> </ul>	with preservatives nitrate with antioxidants
Oven-fresh butter croissant with butter & a jar of Nutella	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains soy and products thereof</li> <li>contains nuts and products thereof - hazelnut</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
Oven-fresh butter croissant with butter & a jar of jam	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-

## Journey through Reimanns Eck

## Reimanns Eck

Article	Allergens	Additives
Traditional	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains fish and products thereof</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-

## Snacks

Article	Allergens	Additives
Cheese Spaetzle	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	with antioxidants
Königsberger Klops	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
Homemade salmon tartare	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains mustard and products thereof</li> <li>contains egg and egg products</li> <li>contains fish and products thereof</li> </ul>	-
Goat's cheese	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains mustard and products thereof</li> </ul>	-
Rosa Roastbeef	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains fish and products thereof</li> <li>contains mustard and products thereof</li> </ul>	-

## The soup

Article	Allergens	Additives
Lower Saxon wedding soup	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains celery and products thereof</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-

## Appetizers

## Reimanns Eck

Article	Allergens	Additives
Small side salad	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - oats</li> </ul>	-
Small salmon tartare	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains fish and products thereof</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - oats</li> </ul>	-
Caramelized goat's cheese	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - oats</li> </ul>	-

## From the local kitchen

Article	Allergens	Additives
Königsberger 2.0	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
Original Eck Curry	<ul style="list-style-type: none"> <li>contains celery and products thereof</li> <li>contains mustard and products thereof</li> </ul>	Nitrate with antioxidants
Schnitzel from straw-fed pork	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> <li>contains cereals containing gluten - wheat, oats</li> </ul>	Nitrate
...with mushroom cream	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> </ul>	-



...with side salad	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - oats</li> </ul>	-
Cordon Bleu from veal	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	Nitrate
Cordon Bleu from straw-fed pork	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	Nitrate
Wiener Schnitzel from German meadow veal	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	Nitrate
Pink roasted roast beef	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains fish and products thereof</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> <li>contains cereals containing gluten - wheat, oats</li> </ul>	Nitrate
Lumberjack steak from straw-fed pork	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains celery and products thereof</li> </ul>	Nitrate
Large garden salad with roasted chicken breast	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains cereals containing gluten - wheat, oats</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> </ul>	-

## Happy without meat

Article	Allergens	Additives
Crispy garden salad	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> <li>contains cereals containing gluten - wheat, oats</li> </ul>	-
...with caramelized goat's cheese	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - oats</li> </ul>	-

## Happy without meat

## Reimanns Eck

Article	Allergens	Additives
Cheese Spaetzle	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> <li>contains cereals containing gluten - wheat, oats</li> </ul>	-
Vegan currywurst	<ul style="list-style-type: none"> <li>contains soy and products thereof</li> <li>contains celery and products thereof</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
Vegan Ravioli	<ul style="list-style-type: none"> <li>contains celery and products thereof</li> <li>contains soy and products thereof</li> <li>contains nuts and products thereof - almonds</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-

## More from the sea

Article	Allergens	Additives
Salmon tartare	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains fish and products thereof</li> <li>contains nuts and products thereof - almonds, cashews</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - oats</li> </ul>	-
Fried plaice	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains fish and products thereof</li> <li>contains mustard and products thereof</li> <li>contains gluten-containing cereals - wheat</li> </ul>	Nitrate

## Desserts

Article	Allergens	Additives
Two kinds of mousse from the Original Beans chocolate	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains cereals containing gluten - wheat, oats</li> </ul>	-
Plum crumble	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains cereals containing gluten - wheat, oats</li> </ul>	-

Article	Allergens	Additives
Warm blueberry crumble	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat, oats</li> </ul>	-
Hanoverian Welf pudding	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-
Scoop of ice cream from the Pear & Berry ice cream factory	<ul style="list-style-type: none"> <li>contains milk and milk products (including lactose)</li> <li>contains egg and egg products</li> <li>contains gluten-containing cereals - wheat</li> </ul>	-